The Tuning Note Music Studio

3 to 5 to 10x slowly

THE TUNING NOTE MUSIC STUDIO
Jazz Trumpet Students of Chet Chwalik
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DATE:_____ NEXT LESSON:_____ NEXT MASTER CLASS:_____
(Start: _____ End: _____)

PRACTICE SUGGESTIONS: BELL UP! - TAKE BIG BREATHS (no 'bad' air) - NO PUFFY CHEEKS
GET SET (both lips in mouthpiece) - BREATHE FROM CORNERS OF MOUTH - PENDULUM BREATH (don't hold it back)
FINGERTIPS IN THE MIDDLE - NO HARD PRESSURE (R.H. pinkie out) - CURVE YOUR FINGERS - KEEP VALVES ALL THE WAY DOWN
SIT ON FRONT OF 1/3 OF CHAIR - SIT UP STRAIGHT - UNCROSSED LEGS - NO ELBOWS INTO SIDES
DAILY: LOTS OF LONG TONES! (don't hold any air back) - SLURS - TONGUING EXERCISES - SET DAILY GOALS
TIME IS MORE IMPORTANT THAN 'RIGHT NOTES' - LISTEN, LISTEN, LISTEN TO YOUR AUDIO FILES/CDs FOR CORRECT PHRASING, FEEL 'HEAR' WHAT YOU PLAY WHEN YOU PLAY IT - REST AS YOU PLAY - WARM DOWN

TECHNIQUE

LONG TONES / SLURS / TONGUING
CHROMATICS / SCALES / ARPEGGIOS
ARBANS / CLARKE

METHOD (e.g., Metronome on 2&4, Play-a-longs)

JAZZ IMPROVISATION

TUNES/ARRANGEMENTS

TRANSCRIPTION(S)

LISTENING/ACTIVITY

INTERNET/APPS

THEORY / GLOSSARY / SIGHTREADING

PRACTICE TIMES (TOTAL = _____)

Minutes:	MON_____	TUE_____	WED_____	THU_____	FRI_____	SAT_____	SUN_____
Time of Day:	_____am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm